My Learning Style

From: <http://people.usd.edu/~bwjames/tut/learning-style/index.html>

**Your Results – Cut and Paste**

Source Format

you answered A-3 B-7 C-6

based on this info you are probably

**an Auditory**

learner.

Thanks for taking the learning styles inventory!

Look at the numbers - more A's means Visual  
more B's means Auditory  
more C's means Kinesthetic

Unformatted

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Cut and Paste the styles description

# Three Different Learning Styles

If you scored mostly a's you may have a visual learning style. You learn by seeing and looking.

|  |
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| Visual Learners |

* take numerous detailed notes
* tend to sit in the front
* are usually neat and clean
* often close their eyes to visualize or remember something
* find something to watch if they are bored
* like to see what they are learning
* benefit from illustrations and presentations that use color
* are attracted to written or spoken language rich in imagery
* prefer stimuli to be isolated from auditory and kinesthetic distraction
* find passive surroundings ideal

If you scored mostly b's, you may have an auditory learning style. You learn by hearing and listening.

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| --- |
| Auditory Learners |

* sit where they can hear but needn't pay attention to what is happening in front
* may not coordinate colors or clothes, but can explain why they are wearing what they are wearing and why
* hum or talk to themselves or others when bored
* acquire knowledge by reading aloud
* remember by verbalizing lessons to themselves (if they don't they have difficulty reading maps or diagrams or handling conceptual assignments like mathematics).

If you had mostly c's, you may have a kinesthetic learning style. You learn by touching and doing.

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| Kinesthetic Learners |

* need to be active and take frequent breaks
* speak with their hands and with gestures
* remember what was done, but have difficulty recalling what was said or seen
* find reasons to tinker or move when bored
* rely on what they can directly experience or perform
* activities such as cooking, construction, engineering and art help them perceive and learn
* enjoy field trips and tasks that involve manipulating materials
* sit near the door or someplace else where they can easily get up and move around
* are uncomfortable in classrooms where they lack opportunities for hands-on experience
* communicate by touching and appreciate physically expressed encouragement, such as a pat on the back

**Understanding and Identifying Auditory, Visual and Kinesthetic Learning Styles**

|  |  |  |
| --- | --- | --- |
| **Auditory** | **Visual** | **Kinesthetic** |
| Identify sounds related to an experience | Have a sharp, clear picture of an experience | Develop a strong feeling towards an experience |
| I **hear** you clearly,  I want you to **listen** . . .  This **sounds** good | Do you **make pictures** in your head  Do you have **visual images** in your head as you are talking and listening to me?  Can you **see** what I am saying? | Do you **feel** what you are saying?  Are you in **touch** with what I am saying? |
| How do you **hear** this situation going?  What do you **hear** that is stopping you?  **Sounds** heavy. | How do you **see** the situation?  What do you **see** stopping you?  This **looks** good.  Do you **see** what I am **showing** you? | How do you **feel** about this situation?  I'm **getting a handle** on this material.  Let's **move** together.  Does what I am putting you in **touch** with **feel** right?  Sounds **heavy**. |
| **Word Selections** | **Word Selections** | **Word Selections** |
| tinkling silent squeal blast screaming choking | color clear spiral showed vivid notice | felt body sensations feel pain touch |
| Lecture Do you love me?  Auditories complain: Kinesthetics don't listen. | Fantasies  Visuals complain: Auditories don't pay attention to them because they don't make eye contact. | Kinesthetics complain: "Auditory and visual people are insensitive." |

1. How could knowing your learning style be of benefit to you, personally?
2. How can it be helpful in your interactions with others?
3. How do you think this could help you in your studies?
4. How do you think this could help you in lectures?
5. How do you think this could help you in note taking?

|  |  |
| --- | --- |
|  | How can I use this to be a better and faster learner? (Your Notes) |
| How could knowing your learning style be of benefit to you, personally? |  |
| How can it be helpful in your interactions with others? |  |
| How do you think this could help you in your studies? |  |
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